

F M N FOMBN MAHSA Newsletter



Faculty of Medicine,
Bioscience and Nursing
June 2021
Issue 2

Faculty of Medicine, Bioscience and Nursing
MAHSA University, BSP, Selangor
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Opening Message

It is May 2021 and it has been a slightly over a year since the Covid19 pandemic hit Malaysia.

We are now amid the 3rd wave with cases up to 6000 per day. Hospitals are at near full or full capacity and larger numbers of patients require ventilatory assistance and intensive care.

An MCO has been declared and for us in MAHSA University, we seem to be doing what seems to have become the norm.....conducting our daily business of teaching, learning and assessment; online and working from home in batches.

Zoom, Google Meet and Microsoft Teams seem to be here to stay.

All is not doom and gloom! However, the vaccine roll-out in Malaysia seems to be speeding up and increasingly many are getting vaccinated every day.

What will this mean for us in the faculty?

This is my take on the situation and is entirely an opinion.

1. Online teaching is here to stay.
2. Simulation will play a big part in achieving clinical skills.
3. Face-to-face time, will reduce and its impact on clinical skills will remain to be seen. Students who graduated in this phase may be on a longer and steeper curve *vis-a-vis* clinical interaction skills and communication.
4. Online assessment of clinical skills will be the next big frontier to negotiate.
5. As academics we will need to be agile and change quickly to meet the needs of the moment.

We have done fairly well so far, but the challenge will be in driving things up a notch as the current situation continues.

While we negotiate the twists and turns of the pandemic, I would like to remind everyone regarding the pending MMC/MQA accreditation of the MBBS programme, the LJN/MQA accreditation of the Midwifery programme and the MQA audit for the Biotechnology programme which are all expected soon.

I am sure all of you will assist the faculty in meeting these challenges so that we achieve favourable outcomes.

Finally, it is time for me to bid adieu, after about a year at the helm as Dean and eight years at the faculty. I never imagined that I would occupy this position when I began in 2013.

It has been an interesting and fulfilling journey. I have tried my best and I thank all of you for your cooperation over the years. I know I have been impossible at times but any such exchange has always been for the good of the faculty and the students.

I thank you all.

Goodbye and Good Luck.

Ganesh.

Associate Professor Dr. Ganesh Ramachandran

A Welcoming Address to Our New Dean



The Faculty of Medicine, Bioscience and Nursing welcomes the incumbent **Dean, PROF DR RUSLI BIN NORDIN**, who is among the top reputed Professors of Public Health Medicine in the country.

Prof Rusli has contributed significantly in leadership roles at Universiti Sains Malaysia, Monash University, and Taylors University and brings with him vast experiences in research areas that include Work Stress, Mental Health, Industrial Psychology, Ergonomics, Quality of Working Life, Quality of Life, Work-Life Balance, Chronic Diseases Intervention, Smoking Intervention, Healthy Lifestyle Intervention, Health Promotion and Rehabilitation, Chemical Exposure in the Workplace, Neurotoxicology, Road Traffic and Industrial Accidents, Clinical Trials, Risk Assessment and Risk Management in Preventive Medicine, Environmental Health, Global Public Health, Medical Ethics, Medical Education, Integrative Medicine, and Traditional & Complementary Medicine (TCM).

Prof Rusli has been an enthusiastic teacher and is passionate about enlightening students in all areas of his expertise including Biostatistics and Epidemiology, Non-Communicable Diseases, Communicable Diseases, Statistical Applications and Analyses, Research Methodology, Scientific Writing, Occupational and Environmental Health, Health System Management, Evidence-Based Clinical Practice, General Practice, Clinical Occupational Medicine, Global Public Health, Medical Ethics, and Medical Education. Over the years, Prof Rusli has supervised many PhD and Masters students, and holds many research awards, grants and has published numerous scientific papers in reputed journals.

However, in the midst of his busy schedule, Prof Rusli still believes in a balanced lifestyle and devotes time to running marathons and gardening. We welcome Prof Rusli to our faculty and hope that our new leader enjoys our environment and blends into perfect harmony in the months and years to come, with all of us.

Dr Srikumar Chakravarthi,
Professor of Pathology, School of Medicine

Message From Head of School of Nursing for International Nurses Day 2021

On the 12th of May, every year, the world celebrates International Nurses Day to recognise the compassionate nursing service and quality care for the community we are serving. The theme for 2021, “Nurses: A Voice to Lead – A vision for future healthcare” is appropriate with new perspectives brought in by the COVID-19 pandemic, on the transformation and the roles of our frontline nurses. On the 1st of May, we also celebrated Labour Day, recognising the dedication and sacrifice of the workforce. In Malaysia, more than half of our healthcare workers are nurses both in hospital and community sites. As the pillar of healthcare, we are sometimes bound to have compassion fatigue, especially during this Covid pandemic.

Here in the MAHSA University School of Nursing, we must quickly embrace these unprecedented changes and adjust our teaching methods in our quest to train our nursing students. My team is working tirelessly to ensure all programs utilise elements of interactive teaching and learning to ensure our students are engaged, supported, and prepared to increase their knowledge in infection control, patient safety and quality, while embracing innovation in upscaling learning as a lifelong activity. With dedicated contribution from our clinical instructors and lecturers, we have had to change to virtual teaching rapidly and adapt to the current growing demands to increase online skills in interactive teaching strategies, shifting away from the traditional classroom, clinical and bedside teaching. I do hope our faculty will continue to scale up innovations in our teaching and learning environment to face the challenges within the healthcare system even after the pandemic is over.



On this International Nurses Day, I would like to add my voice in applauding our frontline heroes in Malaysia and worldwide, for their tireless effort during this challenging time. I wish “Happy Nurses Day” to our students, who are our future healthcare heroes in Nursing.

Prepared by Puan
Maznah Mat Isa
Head, School of Nursing
FOMBN

Conduct of Online Proctored Synchronous Phase II Supplementary Examination

It all began with a lot of trepidation as we embarked on an unprecedented endeavour of the Proctored Online Examination amidst a worldwide chaos caused by the Covid19 pandemic that occurred in 2020. Even recently, for the year 5 MBBS Final Professional Examination, which was held on 26th and 30th April 2021, the supplementary



online examination was again performed via live video streaming of the students taking the exams, along with the simultaneous mirroring of video screen to the assigned invigilators with real time screen sharing. Theory, OSPE, and Digital OSCE tests proved to be feasible when conducted and proctored online. The success of this assessment method was highly commended by our external examiners. We are also proud of the fact that we



are one of the very few independent medical institutions in Malaysia, to have acquired MMC clearance for administering this form of test under these difficult conditions.



We are proud to say that, all of us, the academics and admin staff from the MAHSA University School of Medicine had contributed towards overcoming the novel and huge challenge of conducting the examinations on a virtual platform, with full integrity, efficiency, and professionalism. This well-planned and efficiently executed synchronous examination has become a hallmark of excellence in our assessment system, fit to be maintained for a long time to come.

Prepared by Dr Ivan Roland Karakada
Head of Exam Unit, FOMBN

School Of Nursing MITRA Student OSCE

The Malaysian Indian Transformation Unit (MITRA), which the Ministry of National Unity leads, is a special unit addressing the socio-economic development of the Indian community in Malaysia, specifically the B40 group. School of Nursing Mahsa University played a vital role in this project by training this Executive Certificate in Healthcare Assistants.



Among the significant task of MITRA is to identify current issues and challenges affecting the Indian community, implement socio-economic development initiatives, and coordinate between the Government and the private sector towards developing the Indian community in general. The School of nursing is proud to have participated in carrying out training of MITRA students to be health care assistants. The training consists of six months of theory and hands-on practical training in the clinical area. The aim was to produce a cadre of individuals who would safely carry out the health care functions assigned to them in assisting the regular personnel in healthcare.

It would enable regular healthcare employees to devote their energies and time to more specialised care. The cost-effectiveness of this training program was evident almost immediately by helping these individuals to acquire a helpful trade and enable the healthcare institute to utilise their specialty staff better. The pictures here were from the final batch of Healthcare Assistants doing their OSCE and Basic Life Support training.

Prepared by School of Nursing, FOMBN

Incorporating Osmosis Med and Kahoot in Teaching and Learning Activities

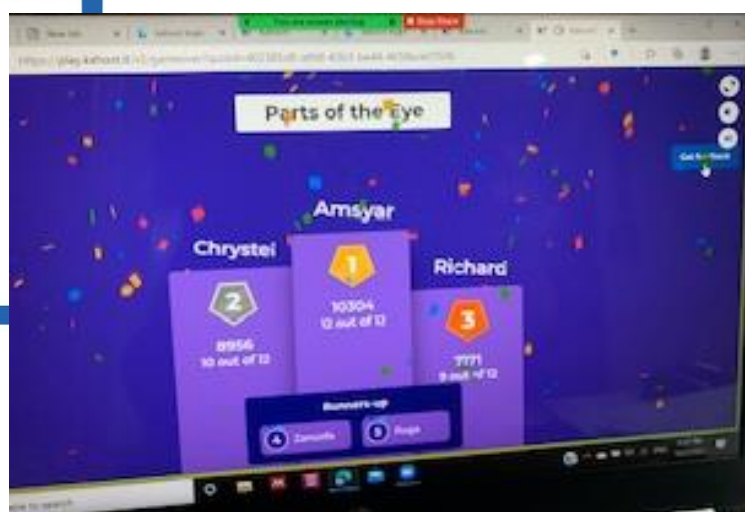
A key hurdle in conducting online teaching is getting students' engagement and maintaining their interest in the subject. Recognising this problem, the School of Nursing has recently begun to adopt the Kahoot and videos from Osmosis while performing online classes. We have started on a small scale and now are sharing information among the teaching teams. The use of gamification is known to increase motivation in students. Similarly, students with visual learning preference will appreciate videos when describing diseases.

Due to the current Covid-19 pandemic, students are not able to utilise the practice area in the clinical wards, making it difficult for them to observe how specific procedures are done. High impact medical videos from Osmosis Med can inject fun to online teaching and learning. It improves engagement by creating an interactive environment and helps in the retention of information. Both Osmosis and Kahoot applications allow students to have personal ownership of their learning, granting them the freedom to try and fail until they succeed without significant negative consequence. The breakdown of tasks and learning in manageable portions also makes learning feasible when they use it as a practice mode.

These apps create healthy competition, when used in a virtual classroom quiz. Furthermore, Kahoot quizzes and flashcards allow pacing, which is essential when learning, thus allowing students to process information comfortably. The lecturer can choose questions in the app or set questions from their lectures; followed by evaluation on its efficacy, by analysing the correct or incorrect answers. Our nursing students have so far given positive feedback on these game-based learning experiences.



Winner of BSc Nursing: Eye Anatomy Questions



Prepared by School of Nursing, FOMBN

Research Accomplishments of Faculty of Medicine, Bioscience and Nursing in 2020 and To Go the Extra Mile in 2021

Faculty of Medicine, Bioscience and Nursing (FOMBN) is on an endeavor towards achieving excellence in Research. The year 2020 has been a successful research year for the FOMBN, and the faculty would like to congratulate its Researchers for contributing total of 11 book chapters, 78 research articles in Scopus/ISI indexed journals along with 15 other articles (non-Scopus/ISI indexed journals) and 28 conference papers. The faculty is also proud to have procured a total of RM 1,124,960 worth of Research Grants.

The FOMBN Research Committee, led by the Deputy Dean (Post-Graduate and Research) and the Fellow of Research, has planned to take steps ahead in the year 2021 to practise fostering cohesion among the researchers. This is aimed at developing a platform whereby all the researchers in the faculty maintain transparency through regular discussion of research developments and thereby feel valued and motivated. The faculty plans (a) to conduct monthly research clinics to support staff to conduct their research leading to publication of high-quality research articles; (b) to conduct workshops to enhance research skills and increase research interests; and (c) to create designated research clusters in the faculty to enhance intra-faculty research collaborations, grant applications and research productivity.

Prepared by Dr Pallav Sengupta,
Senior Lecturer, FOMBN.

Continuing Medical Education (CME) and Professional Development

The objective of the CME/CPD is to maintain professional competence of the Academicians of the University by providing a broad range of evidence-based learning opportunities, keeping them informed of the improvements in technology and medicine and their impact on the professional activities. Our CME team conducts these CME events in face-to-face and online platforms. The Office of Continuing Medical Education & Professional Development at the MAHSA University is fully accredited by the Malaysian Medical Association (MMA) and is an accredited CPD provider.

Prepared by Dr Deepa Anbazhagan,
Chair of CME Committee FOMBN

<p>61st CME - 8th Jan 2021</p>  <p>CORE CONCEPTS OF PHYSIOLOGY - ARE WE COVERING ENOUGH? Dr. Soon Siew Choo, Senior Lecturer, Department of Physiology, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>	<p>62nd CME - 22nd Jan 2021</p>  <p>SPLENIC ABSCESS IN ELDERLY: A CASE REPORT Assoc. Prof. Dr. Peh Kiam Heng, Head of Division, Department of Surgery, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>
<p>63rd CME - 5th Feb 2021</p>  <p>RECENT UPDATES IN IMMUNOPATHOLOGY OF COVID-19 Dr. Sudha Arumugam, Senior Lecturer, Department of Pathology, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>	<p>63rd CME - 5th Feb 2021</p>  <p>ASSOCIATION OF COLORECTAL CANCER WITH BLASTOCYSTIS HOMINIS Dr. Vinoth Kumarasamy, Lecturer, Department of Microbiology and Parasitology, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>
<p>64th CME - 19th Feb 2021</p>  <p>CASES OF A COMMON SURGICAL EMERGENCY-THE ACUTE ABDOMEN Prof. Dr. Pranab Kumar Sen, Professor, Department of Surgery, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>	<p>65th CME - 5th Mar 2021</p>  <p>PRE-CLINICAL ASSESSMENT OF PHARMACOKINETIC INTERACTIONS OF HERBS WITH CYTOCHROME P450 Assoc. Prof. Dr. Chin Jin Han, Head of Division of Biochemistry & Infectious Diseases, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>
<p>66th CME - 19th Mar 2021</p>  <p>DISPLACED CHILDREN: MEDICAL VOLUNTEERISM IN PAEDIATRICS Prof. Dr. Wan Ariffin bin Abdullah, Head of Division of Pediatrics, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>	<p>Upcoming Events</p> <p>4th June 2021:</p> <ul style="list-style-type: none"> Mandatory Pre-Marital HIV testing in Malaysia By Assoc. Prof. Dato' Dr. C. Prathapa Senan Of Reincarnations and Prophecies: Mythology or Pathology? By Prof. Dr. Srikumar Chakravarthi <p>18th June 2021:</p> <ul style="list-style-type: none"> Laboratory-Based Medical Research: What makes it tick? By Prof Sekaran Muniandy

Mahsa University - 18th Convocation

Mahsa University successfully held its 18th Convocation ceremony on the 17th and 18th of April 2021, in the Grand Ballroom within the Saujana Putra Campus, with full compliance to SOPs. This convocation allowed us to share and celebrate the achievements of our many graduates from all fields of study. Despite a year full of trials and tribulations due to the Covid-19 situation, many



of our beloved students of the Faculty of Medicine, Bioscience, and Nursing managed to overcome countless obstacles to emerge triumphantly, and graduate with flying colours. The following are the courses under the faculty, whose students graduated on time for the year 2021:

Bachelor in Hospital Management (HONS)	9 out of 9
Bachelor of Biomedical Science (HONS)	38 out of 38
Bachelor of Medicine and Bachelor of Surgery	157 out of 173
Bachelor of Science (HONS) Nursing	1 out of 1
Bachelor of Science (HONS) Nursing	2 out of 2
Bachelor of Science (HONS) Nursing Post Registration	242 out of 242
Diploma in Medical Laboratory Technology	18 out of 18
Diploma in Nursing	63 out of 63
Master of Medical Science (Anatomy)	2 out of 2
Master of Nursing	6 out of 6
Master of Science in Public Health	1 out of 1

Congratulations to all FOMBN graduands of the Class of 2020 on their achievements!

Prepared by Dr Ardita Dewi Roslani,
Advisor of MEDSOC FOMBN

What you need to know about COVID-19 vaccines

Vaccines save millions of lives each year. The development of safe and effective COVID-19 vaccines is a huge step forward in our global effort to end the pandemic and to get back to doing more of the things we enjoy with the people we love.

In line with this, MAHSA Health is going to soon run its own vaccination centre in MAHSA Poliklinik facilities in SPC & JUC. They are also in the midst of getting approval to give COVID 19 vaccination for all staff and students who have not been vaccinated.

For all of you who are interested, here is a little bit about the vaccination process, and tips on what you can do before, during and after it.

Before you go

Do your research. It's important to always get your information from trustworthy sources like UNICEF and WHO. **Talk to your doctor.** If you've ever experienced a severe allergic reaction from any vaccine or you have any questions about the medications you are currently taking, talk to your health care provider before your appointment. Get a **good night's rest** and hydrate well before your vaccination so you can feel your best on the day.

During the appointment

Stay safe. Make sure to follow safety precautions at the vaccination facility such as physical distancing while waiting and wearing a mask. **Communicate.** Let the health care professional know if you have any medical conditions that could be considered precautions, such as pregnancy or a compromised immune system. **Keep your records.** You should receive a vaccination card that tells you which COVID-19 vaccine you received, when you received it and where you received it. Make sure to hold on to this card or digital certificate in the event that you need it in the future.

After you've been vaccinated


Stay for monitoring. The health care provider should observe you for about 15 minutes after to make sure you don't have any immediate reactions. **Be prepared for some side effects.** Vaccines are designed to give you immunity without the dangers of getting the disease. It's also common to experience some mild-to-moderate side effects that go away within a few days on their own. If any symptoms continue for more than a few days or if you experience a more severe reaction, then contact your health care provider immediately.

Be patient. Building immunity takes time. **Keep yourself and others safe.** While these vaccines are showing to be highly effective at protecting people against serious illness from COVID-19, we're still learning about whether it is possible for a vaccinated person to still spread the virus, even without symptoms. Therefore, it is important to continue

practicing safety precautions to protect yourself and others, including avoiding crowded spaces, physical distancing, hand washing and wearing a mask.

You should get vaccinated even if you've previously had COVID-19. While people who recover from COVID-19 may develop some natural immunity to the virus, we do not yet know how long it lasts or how well you are protected. Vaccines offer more reliable protection.

What are the types of vaccines?

Types of vaccines	mRNA	Viral vector	Inactivated virus
Primary content and how it reacts 	mRNA sequence which enters the individual cell to produce the specific virus protein	Contains modified (vector) virus to transport the antigen genetic code. The human cell will produce the targeted protein	Virus that have been killed using high heat, chemical or radiation
Function 	Uses the mRNA molecule to stimulate the immunity in order to recognise the targeted virus protein	A safe viral vector is used to deliver the genetic material of the targeted virus and stimulating the human immune response	Virus that has been killed and used to stimulate the human immune response
Advantages 	<ul style="list-style-type: none"> Simple and quick to produce Does not require living component and synthetically produced. Triggers an adaptive immune response 	<ul style="list-style-type: none"> Proven technology Triggers an adaptive reaction for a more effective immune response 	<ul style="list-style-type: none"> Proven technology Suitable for those who have a weak immune system Easy to produce
Challenges 	<ul style="list-style-type: none"> Some mRNA vaccines require extremely cold storage conditions Used as a vaccine for the first time in medical history 	<ul style="list-style-type: none"> Complex manufacturing process Important to ensure the virus vector is safe to be used 	<ul style="list-style-type: none"> High manufacturing cost
Example	None	Ebola, Vaccines for livestock	Polio, Japanese Encephalitis & Rabies
Vaccine candidate	<ul style="list-style-type: none"> Moderna Pfizer/BioNTech 	<ul style="list-style-type: none"> AstraZeneca Cansino Biologics Johnson & Johnson Sputnik V 	<ul style="list-style-type: none"> Sinovac

Analysis & compilation: The Academy of Sciences Malaysia

Vaccines Save Lives.

Prepared by Dr Gomalata Devadas,
Medical Director of MAHSA Health

Bubur Lambuk & Pudding-Ramadan

A BOWL of bubur lambuk to break the fast is considered a norm every Ramadan. This is a tasty rice porridge that is served during the fasting month and is also considered as comfort food in more ways than one.

On 28 April 2021, the faculty of Medicine, Bioscience, and Nursing collaborated with the Faculty of Engineering to prepare bubur lambuk to be distributed to staff and students of University MAHSA. Preparations were made beginning at 8 a.m.

About 350 bowls of bubur lambuk and 200 puddings (sponsored by FOMBN) were distributed to students and staff of MAHSA University. The activity ended at 3.00 pm.

Freshly made with love by: Mr. Mahadi, Ms. Nur Haslinda, Ms. Azlinda, Dr Dewi, Dr Rafeah, Mr Yusuf, Ms. Shaziera, Mr Zaime, Ms. Katherin, Ms. Farah, Ms. Liew Ji Lan and Madam Arashidatul Akma



Prepared by Ms Nur Haslinda Bt Rusli,
Admin Staff FOMBN

Welcome our New FOMBN Staffs!

Newbies in Nursing School



Dr Perjit Kaur Charanjit Singh

[RN, SCM, Bachelor of Nursing (Edith Cowan), IBLCE (USA), HACP (USA), Dip Med Edu (Dundee, UK), Master in Nursing (OUM), DBA (USM)].

Senior Lecturer cum PhD
Coordinator

Coming to join Mahsa University was like a second homecoming for me. When I first joined Mahsa in 2007 as a Clinical Instructor and Lecturer, the campus a small affair in a rented building in Damansara Heights. Our nursing intake group was extensive, with over 100 students per class. I was a kid with lots of dreams. Now, a bit more mature, the campus at Saujana Putra is awe-inspiring. Winding my way through a Nursing Masters and a Doctorate in Business Administration, it was with trepidation that I stepped in. It took me exactly 24 hours to realise that the entrepreneurial spirit which has guided this institute over nearly two decades is alive and well. Here you have challenges and opportunities in equal measure. Let us all reach out and realise our potentials. There are few places better suited for this purpose than Mahsa University.



Ms Che Gon Binti Hashim

[RN, SRM, BSc Health Sciences (Australia), Master of Nurs in Emergency Nursing (Australia), MPhil (Australia)]

Che Gon comes from a nursing background. Her professional education came from both Malaysia and Australia. Previous to this she was in the clinical areas in Malaysian, Brunei, and Australian hospitals. Her latest workplace over the last fifteen years was in Victoria State Hospital, Australia. On completion of MPhil in 2019, she came home and was offered a position as a lecturer at Lincoln University College in Feb 2019. Currently, she is attached to MAHSA University as a lecturer cum coordinator; teaching Evidence-Based Practice, Emergency, and Critical care nursing among others.

Research is her passion. Concerning research, her interest encompasses topics surrounding breast cancer, pain, distress, resilience, quality of life, and the like. As a reviewer, she focuses on tool validation. Che Gon has authored the following: Thesis entitled: Identifying predictors of postoperative persistent pain in women

with breast cancer: Assessments of investigative tools. Psychometric assessment of the Malay version of the 14-item Resilience Scale (RS-14) in women with breast cancer, *The Journal of Nursing Measurement*.

A Poster presentation represented the University of Malaya at Association of Southeast Asian Pain Societies (ASEAP) 2019, ID ABS 115. Title: Identifying Predictors of Postoperative Persistent Pain in women with Breast Cancer. It was held at Pullman Hotel, Kuching Sarawak.



Madam Salmah Bt Amir

I am currently attached to the School of Nursing under the Faculty of Medicine as Coordinator / Lecturer for the Post Basic Certificate Gerontology Nursing course, which is just starting on April 2021. It is a six months' course.

My nursing educational background started as a Staff Nurse in 1983, followed by post-graduate in Midwifery Nursing in 1991, both from the School of Nursing Johor Bahru, Malaysia. After several attachments in various specialties, I ended up as Special Care Nursery and an Infection Control Nurse. Before I went for Diploma in Higher Education (1993 -1994) at the University of Northumbria @ Newcastle Upon Tyne, United Kingdom, I was a Clinical Instructor at The College of Nursing, Johor Bahru.

On my return, I was appointed as Nursing Tutor in 1994 at the College of Nursing, Johor Bahru. Then I decided to specialise in my Nursing Practice. I applied for a Bachelor in Nursing the Elderly ENB 298 course (1997- 1997) at the University of Middlesex University @ Hampstead North West London, United Kingdom. As a Specialised Nurse in Gerontology Nursing, I was given the honour to lead a team under the Ministry of Health in designing a year curriculum of Advanced Diploma in Nursing the Elderly. After 10 years as Nursing Tutor, I did sub specialising in Thematic Teaching at the University of Tasmania at Hobart, Australia, in 2008 and was awarded a post-graduate Certificate in Thematic Teaching.

Throughout my years in 28 years' service, I was appointed as Deputy Director in Students Affairs, Deputy Director in Academic, Deputy Director in Assessment and Quality, and Director at School of Nursing. I retired at the age of 60. Currently, I am 64 years of life and with the Exponent University of MAHSA.

Farewell Note



Twelve years ago, when I decided to join MAHSA, I was excited as well as sceptical but the way my family and I have been accepted by everyone in MAHSA has been very warm and pleasant. It was a completely different experience living and working in such a vibrant and lively atmosphere, especially on the JUC campus. I not only enjoyed my work but I also enjoyed spending time with such amazing people both within the faculty and in the university.

In 2010, I joined the faculty that was just over 30 staff members, we were as they would say, in business terms and literally “lean and mean” and now 12 years later, some of us have become “stout and sensible”. Having been physically a part of two campuses, in my opinion, which many of my colleagues would agree when I say that although SPC has its charm and challenges, I still relish and miss the days spent in JUC, it felt like home. I still recollect those carpeted rooms in level 7, the pantry where many of us spent some wonderful time celebrating birthdays and festivals, those large pillars in the lecture theatre, and the perfectly designed PBL & ECE rooms. I am sure many of our current staff would not be able to relate to these but trust me it felt like home in JUC.

It occurred to me that, together with some of the existing faculty, we are among the few lucky professors who were able to educate the first batch of MBBS students at MAHSA University. That was a group of youngsters that served as our mule as well as our success tale. Beginning with the 2010 class of medical and dental students, I liked being among them and kindling their ideas and interests. Many of my pupils have become close friends and colleagues over the years. I'd like to think that as a teacher, I had some influence on them in terms of grooming them to become the 5-star doctors we desired to be in MAHSA.

As years rolled by, many staff were added to our faculty, and many left, each one of them contributing in their special way to this university. I had the privilege to work under Five Deans and nearly 150 staff over the



years, all of whom I had an opportunity to know at some personal level. I had been apart so many farewell & welcome parties that I didn't realise that my time has come to bid farewell. As I write this farewell note, I could not help but travel down the memory lane to recollect most of my friends and colleagues I spent time with, in MAHSA. All of you will always be remembered in my prayers and wishes.

Beginning as a Lecturer in 2010 and progressing to my current position has been a journey that I will remember for the rest of my life. Not only will I miss working in such a vibrant environment, but I will also miss working with all of you. You've all been a fantastic support system for me through the years, and I couldn't be more thankful to you all for being such a terrific team.

I will shortly be taking up my post at another Malaysian university, and as I prepare to leave MAHSA, I wish you all the best in your future endeavours and hope to meet you all again in the future.



Prepared by Assoc Prof Dr Jaiprakash Mohanraj
Head of School, FOMBN

Upcoming Events

1. MQA Audit for Advanced Diploma in Midwifery, July 2021
2. Preclinical Professional Exam, August 2021
3. Year 2 Supplementary Exam, September 2021
4. New Intake FOMBN Student Registration (June-September 2021)

Editorial Team

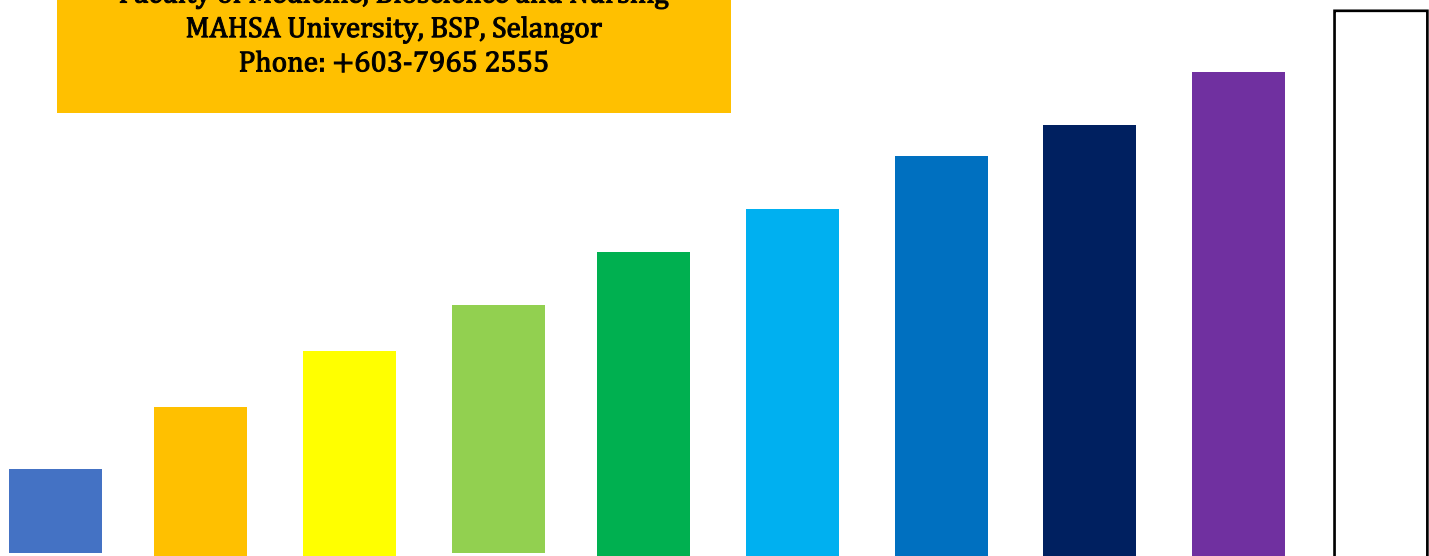
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P R O G R E S S